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O'CYRUS TORRENCE

BORN: January 20, 2000 | HT: 6-5 | WT: 330 | 3rd year

COLLEGE: Florida

ACQUIRED: Draft (2023, R2)

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FIRST-AND-10

O'CYRUS TORRENCE was selected by the Bills in the second round (59th overall) in 2023. Torrence played for Louisiana for three seasons (2018-21) before transferring to Florida (2022).

SHOUTOUTS

- Started 16 games for the Bills in 2024, an integral part of an offensive line that allowed an NFL-best 14 sacks this season, fewest by any team since 2009.
- During his first year NFL season in 2023, started all 17 regular season games and both of the team's playoff games. Was an integral part of an offensive line that allowed the fewest sacks in the NFL (24). Named to the 2023 PFWA All-Rookie Team.
- Began his collegiate career with Louisiana, playing for the Ragin' Cajuns from 2018-21 and then transferred to Florida for his final college season in 2022.
- Started in 11 games for the Florida Gators in 2022, becoming the first Gators offensive guard to be named a Consensus All-American.
- During his final season with the Ragin' Cajuns in 2021, started and appeared in 11 games. Earned First Team All-Sun Belt Conference honors.
- Played and started in all 11 of Louisiana's games in 2020. Named Second Team All-Sun Belt Conference.
- Started in 13 of the Ragin' Cajuns 14 games as a true freshman in 2019.

BUFFALO TRACKS

REGULAR SEASON GAMES PLAYED/STARTED

2023 (Buf, 17/17), 2024 (Buf, 16/16) ... Totals (33/33)

POST-SEASON GAMES PLAYED/STARTED

2023 (Buf 2/2), 2024 (Buf, 3/3) ... Totals (5/5)

IF YOU HAVEN'T HERD

"IT'S HOW I GOT TOUGH"

Torrence took The Buffalo News on a tour of his hometown, retracing his humble beginnings. "I'm appreciative of how I grew up," Torrence said in a wide-ranging series of interviews. "It's how I got tough."

Torrence takes a deep appreciation of where he's from. "Not saying it's harder to do this than it is coming from a big city, but it feels better being a diamond in the rough, if that makes sense," he said. "I had the right opportunities to get brushed off and shine and bring some light on this area – not just myself, but everybody around here."

The mobile home Torrence grew up in is now mostly empty, although his older brother sometimes stays there. The land has stayed in the family, however, and Torrence hopes to one day buy it and build a more permanent home on the property. He has four brothers and two sisters, all of whom still live in or near St. Helena Parish, as well as several other family members in the area.

On March 30, he'll return to his high school to conduct his first football camp. That's something that would have made his day as a kid, and now he gets to give back to those growing up in similar circumstances. Torrence has heard that several kids in his hometown now look forward to playing on the line of scrimmage because of him.

(Buffalo News, Jay Skurski, March 23, 2025)

THE STAMPEDE

Pregame ritual: Stops washing hands 3-4 hours before a game. "The grimmer I feel, the better I play"

Hidden talent: Is a good cook

Favorite food: Jambalaya

Favorite TV show: Dragon Ball Z

PERSONAL

The son of Demetrice Torrence and Fred Porter. Majored in business administration. Hobbies include fishing and playing with his cat and two dogs. Attended St. Helena Central High School.