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# RYAN VAN DEMARK

AGE: 26 (March 22, 1998) | HT: 6-7 | WT: 307

COLLEGE: Connecticut

NFL EXP: 2 Years

HOMETOWN: Princeton, NJ

ACQUIRED: FA (2022)

ryan\_vandemark

## FIRST-AND-10

**RYAN VAN DEMARK** saw action in 12 games during his 2nd season in Buffalo after signing to the Bills practice squad in 2022. Van Demark, a four-year starter at UConn, was signed by Indianapolis as an undrafted free agent following the 2022 draft.

## SHOUTOUTS

- Made his first NFL start in a win vs. KC (11/17/24) in place of injured RT Spencer Brown.
- Played in his first NFL game vs. LV (9/17/23).
- Spent the majority of his rookie season on the Bills practice squad in 2022. Signed by the Bills on September 1, 2022 after being released by the Colts.
- Started 10 games at left tackle during his final collegiate season in 2021.
- Did not play in 2020 as UConn canceled season (Covid).
- In 2019, started all 12 games at LT and helped UConn tally 344.7 yards/game, including 128.7 on the ground.
- Started all 12 games at left tackle for the Huskies in 2018 and helped UConn produce a pair of 1,000-yard rushers in QB David Pindell and RB Kevin Mensah.
- Saw action in all 12 games in 2017 with 9 starts at RT.
- Was a teammate of Broncos T Matt Peart at UConn.

## PERSONAL

Is the son of Jeff and Marianne Van Demark. His father played basketball at Lehigh, once tried out for the NBA's Washington Bullets and played professionally in Europe. Has an older brother, Jeffrey. Competed in football for one season as a post-graduate student at The Hun School of Princeton in 2016. Graduated from Wayne Valley HS, where he competed in football, golf and volleyball. Helped his volleyball team capture the state championship in 2016. Hobbies include surfing, golf and fishing. Earned a degree in communications.

## IF YOU HAVEN'T HERD

### "POWERHOUSE" IN VOLLEYBALL

Van Demark was a big part of the 2016 Wayne Valley State Championship volleyball team. Volleyball coach Jason Carcich called him "a dominant force" and a "powerhouse" on the court, saying he could jump and had "a huge reach." But in his sophomore year, when he first started playing volleyball, he was again described as a project. With the right effort and the right attitude, the kid could become a special athlete. "I'm not even a little surprised that he's having the success he's having right now," said Carcich. "He had a desire to get better, and he put in the time and effort to get better, even back then." (Jon Meredith, [TAPintoWayne.net](http://TAPintoWayne.net), May 8, 2022)

### UNIQUE FIRST JOB

When Van Demark is asked what his first job was growing up, he has no recollection of it. In fact, it is because he worked as a baby model for Ralph Lauren, Polo, Toys"R"Us, among other brands. "My mom hired an agent for me and she said all the money went into a college fund."



## THE STAMPEDE

**Post-career plans:** Aspiring waterman (someone whose life revolves around the water, spearfishing, surfing, etc.)

**Dream vacation:** Lake Geneva in Switzerland, where my father proposed to my mother

**Favorite movie:** Caddyshack. I can quote the whole movie

**Least favorite class in college:** Intro to Microeconomic Theory. I dropped it in two weeks

**Dream foursome in golf:** Me, Eddie Vedder, Kelly Slater, and New Jersey legend Bruce Springsteen

## BUFFALO TRACKS

### REGULAR SEASON GAMES PLAYED/STARTED

2023 (Buf, 12/0), 2024 (Buf, 10/1) ... Totals (22/1)