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JA'MARCUS INGRAM

BORN: September 2, 1997 | HT: 6-2 | WT: 190 | 2nd year

COLLEGE: Buffalo

ACQUIRED: UDFA (2022)

✕ 1Love_Football

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FIRST-AND-10

JA'MARCUS INGRAM joined the Bills as an undrafted free agent out of Buffalo in 2022. Prior to the 2021 season at Buffalo, Ingram spent time at Texas Tech and Utah State.

SHOUTOUTS

- Played in a career-high 17 games in 2024 and set career highs in tackles (18), TFLs (2), sacks (1.0), interceptions (2) passes defended (4) and special teams tackles (6).
- Recorded his first career sack on a third down stop of Trevor Lawrence vs. JAX (9/23/24).
- Notched two interceptions, including one returned for a touchdown at MIA (9/13/24). Ingram is the first Bill to tally an INT TD in Miami since Preston Brown in Week 3 of 2015.
- Recorded a pass breakup on the last defensive play vs. ARI (9/8/24) to secure a 34-28 victory for the Bills.
- Spent the 2022-23 seasons on the Bills' practice squad. Appeared in two games in 2022 and three games in 2023.
- Made his NFL debut at Mia. (9/25/22).
- Started all 11 games he played in at Buffalo in 2021. Recorded 47 tackles, 2.5 tackles for loss, a forced fumble and three pass breakups.
- Played two seasons at Texas Tech at cornerback and safety. Appeared in 21 games with one start.
- Began his career as a walk-on at Utah State where he played in 19 games and made 15 starts in two seasons.

PERSONAL

Son of Godfrey Ingram and Tresa McMillian. Ingram earned a bachelor's degree in sociology and a master's degree in interdisciplinary studies (business & education). Ingram is one of 10 siblings and names his father, who passed away in 2018, as his biggest influence. In 2023, founded a clothing company, Trealogy. Wrote a children's book titled "The Lil' Player That Could."

IF YOU HAVEN'T HERD

"SHE'S MY WHY ... SHE'S WHY I DO IT"

On the field Buffalo Bills cornerback Ja'Marcus Ingram reads plays, but off the field, he wrote a new children's book titled, "The Lil' Player That Could."

"It starts in my childhood," Ingram said.

The book highlights the obstacles that Ingram overcame to get to the NFL. When Ingram was nine-years-old he broke his ankle while playing football.

"That was devastating for me because it kind of made me timid, it kind of made me not play the game like I usually played," said Ingram.

Ingram is one of 10 children. Growing up in Texas he describes himself as "Bambi-like," skinny and small

His size took a toll on the confidence of his athletic abilities.

"A lot of those self-doubts came from looking in the mirror every day," said Ingram.

Through the help of his family, friends, and coaches, Ingram's confidence grew, along with his height. He didn't get a college scholarship, but instead walked on to the Utah State football team. Then he played two seasons at Texas Tech before one season at the University at Buffalo. In 2022 he went to Bills minicamp and made the team.

"My message is to dream beyond your reality," said Ingram. "I want to give [kids] motivation and inspiration to fulfill their dreams and purposes in life." (Michael Schwartz, WKBW, December 3, 2024)

THE STAMPEDE

Favorite player growing up: LaDainian Tomlinson

Bucket list item: Sky dive

Favorite ice cream flavor: Butter pecan