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JUDE BOWRY

BORN: August 19, 2003 | HT: 6-5 | WT: 314 | Rookie

COLLEGE: Boston College

ACQUIRED: Draft (2026, R4)

X BowryJude

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FIRST-AND-10

JUDE BOWRY was selected by the Bills in the fourth round (102nd overall) in 2026 out of Boston College. A 2025 team captain for BC, Bowry is the first Boston College Eagle drafted by the Bills since TE Tommy Sweeney in 2018.

SHOUTOUTS

- Spent four years at Boston College (2022-25), playing in 31 career games with 23 starts (21 at left tackle and 2 at right tackle).
- Named a team captain in 2025. Started all nine games he played in at left tackle. Was credited with not allowing a sack in 320 total dropback snaps.
- In 2024, started all 12 regular season games at left tackle. Was credited with allowing just two sacks on 321 dropback snaps.
- In 2023, played in 3 games. Played a season high 71 snaps against Florida State (9/16).
- In 2022, played in seven games and made two starts at right tackle at Wake Forest (10/22) and vs. Connecticut (10/29).

PERSONAL

Is the son of Dale Bowry and Howlyn Pennicott. Has two brothers: Lameek Lumsden and the late Jevon Stephenson. Majored in communications at Boston College. Attended St. Frances Academy in Baltimore, Maryland, where he also played basketball. Hobbies include cooking, fishing and going for walks. Interested in owning a restaurant and opening a boys and girls club after his football playing career.

THE STAMPEDE

Favorite TV show: Soprano's

Favorite movie: Inception

Favorite musical artist: Babyface Ray

Favorite food: Curry and white rice

Bucket list item: Visit all 50 states

IF YOU HAVEN'T HERD

BRINGING THE JUICE

Former Boston College offensive lineman Jude Bowry is heading from Bill O'Brien's program to the Bills. Buffalo selected Bowry — a 6-foot-5-inch, 314-pound tackle also capable of playing guard — with the 102nd overall pick in Saturday's fourth round of the NFL Draft.

"I was bawling my eyes out," Bowry said. "I was so emotional when I got the call, when he said they were going to turn the pick in. It's a surreal moment."

Bowry's energy in his introductory Zoom matched what he brought for BC throughout his college career, as he thanked each reporter by name and smiled frequently.

"He's a very positive guy and a great person, and he comes from an awesome family," O'Brien said. "He loves football and he wants to be great, and he approaches it that way every day."

Bowry spoke about that positivity at the Eagles' pro day in March, where he participated in offensive line drills alongside teammate Logan Taylor and other locals.

"Negativity is not going to help you get through a lot of things," Bowry said. "I'd rather see the positive side and continue to be positive about everything and be happy all the time. I want to see people happy. That's how you get the best results."

While Bowry is upbeat by nature, he has also endured plenty of pain. He is continuing to honor his late brother, Jevon Stephenson, who died at age 33 in 2024.

Bowry said that growing up with "basically a single mom" led him to turn to his brothers for inspiration and guidance. He tried to apply their lessons and put his own spin on what they suggested.

"I know he would be proud, for sure," Bowry said. "It stinks, him not being here, but I know he's here in spirit."

(Trevor Haas, [Boston.com](https://www.boston.com), April 25, 2026)