



G/C | 70

ALEC ANDERSON

BORN: October 3, 1999 | HT: 6-5 | WT: 304 | 4th year

COLLEGE: UCLA

ACQUIRED: UDFA (2022)

alecanderson700

FIRST-AND-10

ALEC ANDERSON signed with the Bills as an undrafted free agent in 2022 and has since earned playing time as a tackle eligible in the Bills 6-offensive line formations as well as serving as a key reserve along the line. Anderson started 20 games during a four-year stint at UCLA.

SHOUTOUTS

- Started at left guard vs. NYJ (1/4/26) and blocked for 470 total yards of offense, including 211 on the ground.
- Made first career start at right tackle at Pit. (11/30/25) and helped fuel a 249-yard rushing output, the most by an opponent at Pittsburgh since 1975.
- In 2024, played in all 17 regular season games (4 starts) and 3 postseason games. Saw action in 27% of the offensive snaps during the regular season.
- Started and played all 67 snaps at LG at NE (1/5/25).
- Recovered a fumble on a kickoff return at Ind. (11/10/24).
- Saw action in his first NFL game vs. Arz. (9/8/24) and made first NFL start as a 6th lineman at NYJ (10/14/24).
- Earned a spot on the Bills 53-man roster in 2023. Spent his rookie season of 2022 on the Bills practice squad.
- Played in 30 games (20 starts as a right tackle) during a four-year career at UCLA (2018-21).
- Started 10 games at right tackle in 2021 for highest scoring team in Pac-12 (36.5 pts. per game). Also helped pave the way for a 1,000-yard rusher in Zach Charbonnet (1,137).

BUFFALO TRACKS

REGULAR SEASON GAMES PLAYED/STARTED

2023 (Buf, 0/0), 2024 (Buf 17/4), 2025 (Buf 17/2) ... Totals (34/6)

POSTSEASON GAMES PLAYED/STARTED

2023 (Buf, 0/0), 2024 (Buf 3/0), 2025 (Buf 2/0) ... Totals (5/0)

IF YOU HAVEN'T HERD

PAINFUL GROWTH SPURT

Growing up playing Pop Warner football, Anderson was a quarterback and linebacker. As a 5-9, 195 pound high school freshman, he played defensive line and linebacker. It wasn't until a major growth spurt before his sophomore season that he switched to offensive line. He sprouted from 5-9 to 6-5 that year. By the time he was a senior, he weighed 305 pounds. His athleticism playing linebacker is something he credits to now playing offensive line.

ENTREPRENEURIAL SPIRIT

In high school, Anderson and his best friend, Dom Fierro, started their own moving company called "Sons For a Day." His aunt, Deedee, knew a local real estate agent and their office referred a lot of business to them.

"My father took a 10% cut because we used his truck, but I was able to save up enough money for my first Xbox and my first tattoo (Pax Romana on my right arm). We once moved a painting that was worth \$5 million."

THE STAMPEDE

Post-career plans: Be a stay-at-home dad

Favorite podcast: Crime Junkie

Favorite movie: Manchester by the Sea

Go-to breakfast spot: Poked yolk

Least favorite chore: Growing up, chopping back Wisteria

Favorite class in college: Musicology, history of film music

Favorite offensive lineman of all-time: Jason Kelce

PERSONAL

He and his wife, Alysha, were married in 2025 and have a Blue Russian cat named Knox and a Doberman named Beau. Is the son of Anders and Chrissy Anderson. Anders was born and raised in Germany. Has one brother, Aidan, and two sisters, Alyssa and Ashtyn. His uncle, Mike Sweeney, played in the MLB from 1995-2010. Hobbies include painting, off-roading and camping. Earned a degree in history. Is proud to conduct charity work locally with the Mental Health Advocates of WNY. "Men's mental health is one of the least talked about problems in our society"