



T | 79

SPENCER BROWN

BORN: February 28, 1998 | HT: 6-8 | WT: 311 | 6th year

COLLEGE: Northern Iowa

ACQUIRED: Draft (2021, R3)

X TooTallo_o

📷 skbrown8

FIRST-AND-10

SPENCER BROWN signed a four-year contract extension with the Bills on September 6, 2024, tying him to the team through 2028. Brown was drafted by Buffalo in the third round (93rd overall) of the 2021 draft. Prior to joining the Bills, he played at Northern Iowa from 2016-20. Brown is the first Bill ever drafted from Northern Iowa.

SHOUTOUTS

- Started 13 games (14 appearances) at RT in 2025. Helped RB James Cook win the league's rushing title with 1,621 rushing yards.
- Has started all 11 career playoffs games he's appeared in at RT.
- Started 15 games at RT in 2024 for an offensive line that only allowed an NFL-best 14 sacks, the fewest by any team since 2009.
- Named the Bills' 2024 Ed Block Courage Award winner.
- Started all 17 regular season games at RT in 2023 for a Bills offensive line that allowed the fewest amount of sacks in the league (24). Paved the way for RB James Cook who ranked second in the AFC with 1,122 rushing yards.
- Started 14 regular season games and both playoff matchups in 2022.
- As a rookie in 2021, started 10 games in the regular season and two playoff contests.

BUFFALO TRACKS

REGULAR SEASON GAMES PLAYED/STARTED

2021 (Buf, 13/10), 2022 (Buf, 14/14), 2023 (Buf, 17/17), 2024 (Buf, 15/15), 2025 (Buf, 14/13) ... Totals (73/69)

POST-SEASON GAMES PLAYED/STARTED

2021 (Buf, 2/2), 2022 (Buf, 2/2), 2023 (Buf, 2/2), 2024 (Buf, 3/3), 2025 (Buf, 2/2) ... Totals (11/11).

IF YOU HAVEN'T HERD

LOYALTY TO NORTHERN IOWA

When the Missouri Valley Conference postponed the 2020 season to the spring of 2021 due to the COVID-19 pandemic, it was a true shot to the gut of Spencer Brown. Everything had been building to his senior year. He had high hopes not just for himself individually, but also for his team. From his point of view, Northern Iowa had a real chance at a championship.

When the news broke, coaches from Power 5 schools started reaching out to Brown in hopes he was going to transfer in order to bolster his draft stocks. Brown quickly put that to bed because there was no way he was going to be a part of anything that wasn't at Northern Iowa.

"I am not going to let someone else reap the benefits of what UNI did for me," he wrote on his Twitter account. "I did not want to go somewhere and be under a system of guys that didn't like me from the start. I'd never do that."

"It's as simple as that," Brown said to The Athletic. "I can't imagine playing with a bunch of guys that aren't my guys here."

PERSONAL

The son of Liz Jessen and Kurt Brown. Has two siblings, Erica and Garrett. Earned a degree in communication from Northern Iowa. Competed in football, basketball, baseball, golf and track in high school.

THE STAMPEDE

Favorite movie: Miracle

Favorite food: Anything BBQ

First job: Mowing lawns

Favorite athletes: Peyton Manning and Walter Payton

Favorite actor: Matthew McConaughey

Favorite ice cream flavor: Strawberry

Favorite TV show: Peaky Blinders