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MATT MILANO

BORN: July 24, 1994 | HT: 6-1 | WT: 223 | 8th year

COLLEGE: Boston College

ACQUIRED: Draft (2017, R5)

✕ MatthewMilano

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FIRST-AND-10

MATT MILANO signed a two-year contract extension with the Bills in 2023 after originally being drafted by the team in the fifth round (163rd overall) out of Boston College in 2017.

SHOUTOUTS

- Named a First-Team All-Pro and to the Pro Bowl in 2022.
- Tallied INTs in three consecutive regular season games (1/8/23 vs. NE, 9/11/23 at NYJ & 9/17/23 vs. LVR), becoming the first Bills LB to do so since Kiko Alonso ('13).
- Named AFC Defensive Player of the Week in Week 11 of the 2022 season after becoming the first player with at least 10 tackles, three tackles for loss, one sack and a fumble recovery in a single game since Ryan Shazier (Week 2, 2015) in the Bills win vs. Cle. (11/20).
- Intercepted a Ryan Tannehill pass and returned it 43 yards for a touchdown vs. Ten. (9/19/22). The INT TD return marked the first by a Bills LB since Preston Brown in 2015.
- Finished the 2018 season as the only player in the NFL with 75+ tackles, 3+ interceptions and 3+ fumble recoveries.
- Had an interception, sack and FR at Min. (9/23/18), becoming the first Bills player to have all three in a game since Troy Vincent on 12/12/04. Named AFC Defensive Player of the Week after his performance against the Vikings (9/23/18).
- Had interceptions in consecutive games (at NYJ (11/11/18), vs. Jax. (11/25/18)), making him the first Bills LB with a INT streak since 2015 (AJ Tarpley).

THE STAMPEDE

First sports jersey: Jets WR Wayne Chrebet

Favorite gas station snack: Chomps

Favorite movie: Good Fellas

Favorite TV show: Anything on YouTube

Favorite musical artist: Franky Rizardo

Favorite food: Joe Micca's handmade pasta

IF YOU HAVEN'T HERD

THE NFL'S QUIETEST SUPERSTAR

Bobby Babich knew the reaction before he asked the question about Matt Milano.

"So you guys know Matt, right? He's a man of many words," Babich recently said to a group of reporters. The Buffalo Bills' linebackers coach waited for the laughter to subside, then he underlined his sarcasm. "He's a man of many words."

As much as Milano scares ball carriers — he won't say boo. Oh, he plays loudly. In 15 games (in 2022) he amassed 99 tackles, 12 for losses, 1.5 sacks, seven quarterback hits, two fumble recoveries, three interceptions (one for a touchdown) and 11 pass breakups. But you never see him holding court at his locker stall or cracking wise in television commercials.

If ever there's an example of an underrated All-Pro, then it's Milano, perhaps the NFL's quietest superstar. To help fill the silence, The Athletic spoke with teammates about the best Bills player we don't know enough about.

Josh Allen: Outside of the facility, I'm not really sure what goes on with him. He kind of goes incognito. You never know what he's up to, so it's a really cool vibe. I wish I was like that. I'm not sure if he's Batman, a vigilante at night who just goes out and fights crime. He very well could be. He comes in bruised up sometimes and didn't even play that week, you know?

Dion Dawkins: I know he loves the water. He loves boats. He likes to fish. He likes to work out. He likes to eat clean. He likes techno music. He likes to play football. That's about it. He could be more of a superstar if he spoke, but I think Milano is at a place in his life that he's comfortable. He likes that altitude he's like flying at — stress-free, problem-free and winning. A lot.

(Tim Graham, The Athletic, August 22, 2023)

PERSONAL

Is the son of Mike and Janet Milano. Graduated with degrees in Psychology and Communications from Boston College. He has a brother, Michael, and sister, Gina.