



RB | 4

JAMES COOK

AGE: 24 (September 25, 1999) | HT: 5-11 | WT: 190

COLLEGE: Georgia

NFL EXP: 3 Years

HOMETOWN: Miami, FL

ACQUIRED: Draft (2022, R2)

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FIRST-AND-10

JAMES COOK was selected by the Bills in the second round (63rd overall) in 2022 after playing four seasons at Georgia. In his second year in Buffalo, Cook (1,122) became the first 1,000+ yard rusher for the Bills since 2017.

SHOUTOUTS

- Had 1,122 rushing and 445 receiving yards. He and Christian McCaffrey (SF) were the only players in the NFL with 1,100+ rushing and 400+ receiving yards in 2023.
- Selected to his first career Pro-Bowl after finishing the season ranked fourth in the NFL in rushing and sixth in scrimmage yards.
- Logged 1,567 scrimmage yards on the year, recording 5 straight 100+ scrimmage yard games, the longest streak by a Bills RB since LeSean McCoy's 5 games in 2016.
- Recorded a career-high 221 yards from scrimmage (179 rushing, 42 receiving) vs DAL (12/17/23) the most by a Bill since 2009. His 179 rushing yards are the third most in the NFL this season and are the most by a Bill since Kenneth Davis in 1992 (181 vs. ATL 11/22/92). He also added a rushing TD and receiving TD on the day.
- Caught a career high 83 receiving yards the most by a Bills RB since Fred Jackson (93 vs. OAK 12/21/14) and rushed for 58 yards at KC (12/10/23).
- Collected his third straight 100+ scrimmage yards after rushing for 43 yards and 57 receiving at PHI (11/26/23).
- Had 102 scrimmage yards vs NYJ (11/19/23) after rushing for 73 yards and 29 receiving yards with a TD.
- Rushed for a game high 109 yards and had a career long 42 yard rush vs DEN (11/13/23).

PERSONAL

Is the younger brother of Ravens running back Dalvin Cook. Majored in Housing Management & Policy during his time at the University of Georgia. The son of Varondria Burnett and the late James Cook.

IF YOU HAVEN'T HERD

FOLLOWING BIG BROTHER

James Cook did not have to look for to see what it would take to not only make the NFL, but to be successful at that level given that he is the younger brother of Dalvin Cook.

The elder Cook is a three-time Pro Bowler and has shown James how to make it, but also showed him that he can do it by taking his own path.

"That is a motivational factor just knowing that you've got an older brother in the NFL," Cook said to Dawgs247. "And that's someplace you want to be someday. So that just kind of make me wanted to work extra hard knowing that I had an older brother in the league and is a baller. That played a factor, too."

One of his first decisions to carve his own path was when he decided not to follow his older brother's path and to decommit from Florida State and attend the University of Georgia.

While there he was able to make his own name and earn something that Dalvin was never able to, which was to win a National Championship.

BUFFALO TRACKS

NFL RUSHING LEADERS 2023

PLAYER	YARDS
1. Christian McCaffrey, SF	1,459
2. Derrick Henry, TEN	1,167
3. Kyren Williams, LAR	1,144
4. James Cook, BUF	1,122
5. D'Andre Swift, PHI	1,049

AFC SCRIMMAGE YARD LEADERS 2023

PLAYER	YARDS
1. Tyreek Hill, MIA	1,814
2. Breece Hall, NYJ	1,585
3. James Cook, BUF	1,567
4. Travis Etienne, JAX	1,484
5. Joe Mixon, CIN	1,410