



LB | 58

MATT MILANO

AGE: 29 (July 24, 1994) | HT: 6-1 | WT: 223

COLLEGE: Boston College

NFL EXP: 8 Years

HOMETOWN: Orlando, FL

ACQUIRED: Free Agent (2024)

X MatthewMilano

📷 matthewmilano

FIRST-AND-10

MATT MILANO signed a two-year contract extension with the Bills in 2023, extending his stay in Buffalo through 2026 after originally being drafted by the team in the fifth round (163rd overall) out of Boston College in 2017.

SHOUTOUTS

- Named a First-Team All-Pro and to the Pro Bowl in 2022.
- Tallied INTs in three consecutive regular season games (1/8/23 vs. NE, 9/11/23 at NYJ & 9/17/23 vs. LVR), becoming the first Bills LB to do so since Kiko Alonso ('13).
- Named AFC Defensive Player of the Week in Week 11 of the 2022 season after becoming the first player with at least 10 tackles, three tackles for loss, one sack and a fumble recovery in a single game since Ryan Shazier (Week 2, 2015) in the Bills win vs. Cle. (11/20).
- Intercepted a Ryan Tannehill pass and returned it 43 yards for a touchdown vs. Ten. (9/19/22). The INT TD return marked the first by a Bills LB since Preston Brown in 2015.
- Finished the 2018 season as the only player in the NFL with 75+ tackles, 3+ interceptions and 3+ fumble recoveries.
- Had an interception, sack and FR at Min. (9/23/18), becoming the first Bills player to have all three in a game since Troy Vincent on 12/12/04. Named AFC Defensive Player of the Week after his performance against the Vikings (9/23/18).
- Had interceptions in consecutive games (at NYJ (11/11/18), vs. Jax. (11/25/18)), making him the first Bills LB with a INT streak since 2015 (AJ Tarpley).

PERSONAL

Is the son of Mike and Janet Milano. Graduated with degrees in Psychology and Communications from Boston College. He has a brother, Michael, and sister, Gina.

IF YOU HAVEN'T HERD

OVERCOMING THE ODDS

Milano grew up in a football hotbed in Florida and was a three-star recruit when he began to look at college. During his senior year, he was named Orlando Sentinel's Defensive Player of the Year and opted to take his talents to Boston College. The transition was not seamless however, and he only logged five tackles during his freshman season. Milano says that the transition from different levels of football is the biggest obstacle he has had to overcome. The jump from college to NFL was also a tough challenge for the linebacker, but Milano made the most of it, earning a starting role by the end of the 2017 season.

WORLD TRAVELER

In his free time, Milano enjoys traveling, not only throughout the country, but all over the world. He has been to Costa Rica and hopes to one day travel the globe. "It's important getting out from the bubble you live in at the time and experiencing something new," Milano told the Buffalo News, "seeing somebody else's culture, what they kind of do during the day, who's around there, and just meeting new people."

THE STAMPEDE

First sports jersey: Jets WR Wayne Chrebet

Favorite gas station snack: Chomps

Favorite movie: Good Fellas

Favorite TV show: Anything on YouTube

Favorite musical artist: Franky Rizardo

Favorite food: Joe Micca's handmade pasta

Favorite vacation spot: Italy

BUFFALO TRACKS

INTERCEPTIONS (LBS, 2022-WEEK 5 2023)

Player	INTs
1. Matt Milano	5
2t. Devin Lloyd	3
2t. Roquan Smith	3
2T. Logan Wilson	3